

Climbing Ergonomics

Eric Freesmeyer – Production Manager/Director of Safety & Talent Development, Capital City Tree Experts

Description of Presentation

Climbing is one of the most strenuous physical activities for a human body. It requires a combination of strength, balance, and spatial awareness to ascend trees and traverse their seemingly impossible routes. Understanding how to increase the efficiency of a climbing system provides the opportunity to minimize the wear and tear on the body.

Speaker Bio

Eric began working in arboriculture in 2001. Currently an ISA Certified Arborist and ISA Certified Tree Worker Climber Specialist, he is the Production Manager and Director of Safety and Talent Development for Capital City Tree Experts in Madison, Wisconsin. Eric also owns The Climbing Project LLC that he operates as a TCIA Qualified Trainer.